

## 22.6 Paper Presentation I – Light After Lockdown Abstract

藝術社會實踐教學：以拉邦動作分析於臺北醫學大學通識教育課程為例"

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This content is based on the "Movement Analysis and Body Exploration" course set up in the issue-oriented cross-field narrative class group and teacher community development plan of the Ministry of Education of Taiwan.

The physical issues discussed are to guide learners to develop practical and experiential explorations of how the body learns. Through the four major aspects of B (Body) E (Effort) S (Shape) S (Space) in the framework of Laban's theory, the body is used as a vehicle to feel and explore people's movements and life through embodied experience in the course.

Evaluate students' learning effectiveness by using materials such as in-class discussions, video recordings, group discussions, text recordings, practical videos, personal action analysis material reports, and after-class questionnaires. Through theory and physical practice, I hope to achieve the teaching goal of cultivating medical staff's "empathy".